

The Craniosacral Connection

The Craniosacral Connection is a mix of lecture, demonstration and hands-on practice designed to teach you the benefits of craniosacral therapy combined with the power of mindful palpation and focused intention.

In this class, you will develop and/or refine your light-touch palpation skills by learning to evaluate the craniosacral rhythm, a subtle movement affecting the entire body.

Highlights

- Develop and refine your light-touch palpation skills
- Study the anatomy and physiology of the craniosacral system
- Gain a strong foundation for future CST training
- Learn and practice tissue release techniques for key body structures
- Learn how to integrate cranial work into clinical massage therapy

Date: July 19, 2021

Time: 8:30am-5:30pm

CE hours: 8

(CE Broker Tracking #: 20-633340)

Planned Location:

Central Florida School of Massage Therapy
450 N Lakemont Avenue, Suite A
Winter Park, FL 32792

Prerequisites: None

Fee: \$145 before July 5, 2021

(\$25 off for FSMTA members and CFSMT graduates)

Instructor: Randall Gibson, M.Ed., LMT (NCBTMB approved provider # 325713-00)

Register Online:

www.PolarityHealthcare.com

Register by Phone:

330.701.8780